

2021 Battle of The Sound
Northern Harbour Inter-Club Laser Regatta
Sunday 14 November 2021

SAILING INSTRUCTIONS

The Organising Authority is the Middle Harbour Amateur Sailing Club
in association with other Founder Clubs:
Manly Yacht Club, Northbridge Sailing Club and Vaucluse Yacht Club

1. Rules

- 1.1 Racing is governed by the Racing Rules of Sailing (RRS); Australian Sailing Special Regulations Part 2 for 'Off the Beach Boats'; and the rules and by-laws of the International Laser Class Association (ILCA). In the spirit of a fun event Appendix D Team Racing Rules of the RRS will not apply.
- 1.2 Under current NSW Public Health Orders only participants that are fully vaccinated can participate in sailing racing events. Each Founding Club is responsible to have measures in place to ensure that their participating members comply with this requirement.

2. Changes to Sailing Instructions

- 2.1 Changes may be notified verbally at the briefing.

3. Schedule of Races and Starting Times

- 3.1 The regatta schedule is:

Day	Date	Event	Time
Sun	14 November	Registration	By 1100 hrs
		Briefing	Available to view on Race Day from 1030 hrs. Click link here; Briefing Video
		Racing	First Warning Signal 1300 hrs. Subsequent starts shall be made ASAP after the preceding race
		Social	Presentation/BBQ approx. 5pm @ MHASC. Attendees must be fully vaccinated and able to show vaccination certificate on request.

- 3.2 There will be a separate start for each of the Standard and Radial Divisions.
- 3.3 Two races for each Division are scheduled for the regatta.
- 3.4 The Radial Division will be the first start for the first race

4. Fleet Flags

- 4.1 Laser Standard Rig which is a red Laser emblem on white background.
- 4.2 Laser Radial which is a red Laser emblem on green background.

5. Racing Area

- 5.1 The sailing area is bounded by the enclosed waters of Middle Harbour south of MHYC, and a line drawn from the eastern tip of Middle Head and Dobroyd Head, clear of ferry channels and shipping lanes.

6. Courses

- 6.1 Courses will be a windward/return with a separation mark that must be rounded as shown in the attached Course Diagram, all marks rounded to Port.
The number of laps will be signalled by a numeral pennant displayed before or with the warning signal.
- 6.2 Competitors may sail through the start/finish line on any leg.

7. Marks

- 7.1 All rounding marks are yellow cylinders with red or yellow ends. Separation a yellow teardrop.
- 7.2 The start/finish mark is an orange teardrop displaying a white flag with a red Laser emblem.

8. Areas that are Obstructions

- 8.1 Entry into the waters bounded by the yellow markers surrounding 'HMAS Penguin', Middle Head is prohibited, and the area is deemed a continuing 'obstruction'.

9. The Start

- 9.1 The start sequence for races shall be as per RRS 26.
- 9.2 Times will be taken from visual signals. The failure of a sound signal shall not be grounds for redress.

- 9.3 After the Preparatory Signal for a given fleet, boats in other fleets shall keep clear of the starting area until after the first fleet has started.
- 9.4 The Warning Signal for the second fleet may be displayed at/or any time after the start of the first fleet.
- 9.5 The start line will be between the flag console on the MHASC Race Committee Boat and the course side of the start/finish mark.

10. The Finish

- 10.1 The finish line will be between the flag console on the MHASC Race Committee Boat and the start/finish mark.

11. Penalties

- 11.1 RRS 44.1 applies, so that the two penalty turns apply, except for touching a mark where one penalty turn will apply.

12. Time Limit

- 12.1 No race shall count unless the leading boat of each fleet finishes within 90 minutes of the start. Other boats will have their finish recorded up to 15 minutes after the leading boat finishes. Amends RRS 35.

13. Protest

- 13.1 A protest must be lodged in writing with any Club Official within 90 minutes of the last boat finishing the last race of the day. Notices will be posted no later than 24 hours after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

14. Scoring

- 14.1 Overall Club Challenge results will be the combined best 3 scores from each of the four clubs in each race for each Division. This may be flexible on the day depending on entry numbers from each club and the rig mix components and to break any ties.

15. Prizes

- 15.1 A perpetual trophy (a centreboard with each founding Club's burgees) will be presented to the winning club which will keep it until the following season's event.
- 15.2 Individual prizes will be supplied for up to 3 place getters in each Division.

16. Sign on/sign off, Radio

- 16.1 Competitor sign on is achieved by entering the regatta on line in accordance with the Notice of Race ([click here](#)).
- 16.2 Each club is responsible for ensuring members return home safely.
- 16.3 Boats retiring from a race or the event should notify the race committee as soon as possible.
- 16.4 The Race Committee and support boats can be contacted on VHF Ch 72.

17. General and Specific Aquatic Licence Conditions to be observed

- 17.1 Participants must maintain a minimum distance of 500m from the bow and 30m from the side or stern of any Seagoing Ship underway
- 17.2 Participants must not pass between the bow of any ship and a dedicated Port Authority NSW escort vessel.
- 17.3 Participants must maintain a distance of 200m from the bow and 30m from the sides or stern of any ferry underway

18. Safety

- 18.1 It is mandatory for competitors to wear an approved Personal Flotation Device.
- 18.2 Boats must be seaworthy and comply with Class and Australian Sailing regulations and rules; and particularly the requirements to have centreboard, mast and rudder securely fastened to the hull.
- 18.3 Participants are required to stop sailing and render assistance to any sailor who could be experiencing difficulty with capsize, gear failure, imminent danger, or injury – provided safe to do so. Alternatively raise the alarm with RO and/or others who may assist.
- 18.4 In strong winds;
 - do not leave the shore unless confident of your own ability and safety.
 - keep clear of a lee shore, rocky areas and breaking waves.
- 18.5 If you are excessively tired and/or cold or for other issues retire from the race, then advise the Race Committee, or at least another competitor if possible.
- 18.6 Always stay with your boat.
- 18.7 If you are in trouble, raise an arm above your head and wave it backwards and forwards.
- 18.8 If you need to board the Race Committee Boat be aware of the propeller. To avoid risk of injury the Race Officer should have turned the motor off before you are at the stern of the vessel.

22. Risk Statement

- 22.1 RRS 3 states; 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone'.
- 22.2 By participating each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and sea conditions, sudden changes in weather, failure of

equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

- 22.3 Competitors are warned that regardless of their best intentions, the Clubs may be unable to render assistance to participants who are in distress, and by participating they accept this risk.
- 22.4 Competitors agree that they will not hold the Clubs, their officers or volunteers liable for any injury to persons, or damage to equipment, in the event of a mishap on the water, or on the Club's premises.

23. Insurance

- 23.1 At-fault occurrences to other boats and parties are the responsibility of the competitor. Competitors are not covered by Club Insurances, and each participating boat shall be insured at minimum with a valid third-party liability insurance cover of A\$10,000,000.

MHASC OFFICIALS:

Commodore:	Chris Kelleway	0416 223 537
Vice Commodore:	Graham Jennings	0417 061 634
Race officer:	Hugh Leicester	0418 283 989

Battle of the Sound Sponsor....



Click link here: [Sailor Bar & Kitchen](#)

*128 Sailors Bay Road, Northbridge
Telephone: 9958 1363*

Course Diagram

Windward Leeward Course (note Separation mark must be rounded)

